

**ITINERARY FOR THE EDUCATIONAL TOUR ON THE SUBJECTS EE 4118 -
FUNDAMENTALS OF POWER PLANT ENGINEERING DESIGN WITH EDUCATIONAL
POWER PLANT VISITS AND EE 4120 - DISTRIBUTION SYSTEM AND SUBSTATION
DESIGN WITH EDUCATIONAL SUBSTATION VISITS**

(Sunday)	5:00 PM	Departure from Odiongan Port
Day 1 (Monday)	3:00 AM	Arrival to Batangas Port / Pick-up Batangas Pier
	4:00 AM	Travel to Baguio City
	6:00 AM	Breakfast/Stop Over
	7:00 AM	Travel to Baguio City (Continuation)
	11:00 AM	Lunch (Restaurant)
	1:00 PM	Visit: National Grid Corporation of the Philippines (Benguet Substation)
	5:00 PM	Check-in Hotel in Baguio City
	6:00 PM	Dinner
Day 2 (Tuesday)	6:00 AM	Breakfast at the Hotel
	9:00 AM	Visit: Ambuklao Hydro Power Plant (Benguet)
	11:00AM	Lunch (Ambuklao Cafeteria)
	1:00PM	Continuation of tour in the plant
	6:00PM	Dinner (Fast Food Chain)
	7:00PM	Travel back to the hotel
Day 3 (Wednesday)	6:00 AM	Check-out / Breakfast
	8:00 AM	Travel to Pangasinan Province
	11:00 AM	Lunch (Restaurant)
	1:30PM	Visit: Sual Coal Power Plant
	6:00PM	Check-in Hotel / Dinner at the hotel
Day 4 (Thursday)	5:00 AM	Check-out / Breakfast
	8:00 AM	Travel to Morong, Bataan
	11:00 AM	Lunch (Restaurant)
	1:00PM	Visit: Bataan Nuclear Power Plant
	6:00PM	Check-in Hotel / Dinner at the hotel
Day 5 (Friday)	5:00 AM	Check-out / Breakfast
	8:00 AM	Travel to Batangas Port
	11:00 AM	Drop-off in Batangas Pier w/ Lunch/ Departure for Odiongan, Romblon
(Saturday)	2:00 AM	Arrival to Odiongan Port

MEAL SCHEDULE

DATE	AM SCHEDULE	PM SCHEDULE
Day 1:	<p>Breakfast Fried rice / Plain rice Hotdog egg</p> <p>Snacks AM Sandwich bottled drinks</p> <p>Lunch Rice Chicken Caldereta Pork Caldereta Chopsuey Sago gulaman Ice tea tower</p>	<p>Snacks PM Sandwich bottled drinks</p> <p>Dinner Rice Creamy beef with mushroom Pork Estofado Ampalaya salad Bottled water</p>
Day 2:	<p>Breakfast Fried Rice Chicken/pork longganisa Sunny side-up Egg Choices of coffee/milo</p> <p>Snacks sandwich bottled soda / Water</p> <p>Lunch Rice Chicken with garbanzos Beef stew Coffee jelly Choices of Ice tea tower and bottled water</p>	<p>Snacks Sandwich bottled soda / water</p> <p>Dinner Rice Dinakdakan Fried fish Ginisang monggo Cucumber salad Choices of ice tea and bottled water</p>
Day 3:	<p>Breakfast Fried Rice Scrambled egg Fried Bangus Choices of coffee, milo and water</p> <p>Snacks Sandwich bottled water</p> <p>Lunch Rice Chicken Sisig Pork Adobo Pinakbet Sago gulaman Ice tea tower</p>	<p>Snacks PM Sandwich bottled drinks</p> <p>Dinner Rice Chicken Adobo Pork Sisig Ampalaya with Egg Bottled water</p>
Day 4:	<p>Breakfast Fried Rice Scrambled egg Tocino Choices of coffee, milo and water</p> <p>Snacks Sandwich bottled water</p> <p>Lunch Rice Chicken Inasal Pinangat na Tulingan Ginataang Langka Sago gulaman Ice tea tower</p>	<p>Snacks PM Sandwich bottled drinks</p> <p>Dinner Rice Ginataang Fish Pork Sinigang Adobong Sitaw Bottled water</p>

Day 5:	<p>Breakfast Fried Rice Scrambled egg Danggit Choices of coffee, milo and water</p> <p>Snacks Sandwich bottled water</p> <p>Lunch Rice Chicken Tinola Pork Asado Chopsuey Sago gulaman Ice tea tower</p>	<p>Snacks PM Sandwich bottled drinks</p> <p>Dinner Rice Pork Steak Pork Sinigang Ampalaya salad Bottled water</p>
Day 6:	<p>Breakfast Fried Rice Hardboiled Egg Fish Fillet Choices of coffee, milo and water</p> <p>Snacks Sandwich bottled water</p> <p>Lunch Packed Lunch</p>	<p>Snacks PM Sandwich bottled drinks</p> <p>Dinner Packed Dinner</p>