



ROMBLON STATE UNIVERSITY

BIDS AND AWARDS COMMITTEE

Community Outreach Center, RSU-Main Campus, Liwanag, Odiongan, Romblon 5505
 Telephone: (042) 567-5952
 Email: bac@rsu.edu.ph
 Website: rsu.edu.ph



Management System
 ISO 9001:2015



www.tuv.com
 ID 9000018803

ITINERARY

(WEDNESDAY)	9:00 AM	Departure from Magdiwang, Ambulong Port
Day 1 (THURSDAY)	3:00 AM	Pick-up @ Lucena Port
	3:00-4:00 AM	Wash up time
	4:00-6:00 AM	Travel Time to SLEX Gas Station
	6:00-7:00 AM	BREAKFAST
	7:00-8:00 AM	Travel time to 5 star hotel Casino resort and hotel complex Located at New Seaside Dr, Entertainment City, Paranaque 1701 Kalakhang, Manila Philippines
	8:00-11:00AM	RESTAURANT TOUR/Workshop at 5 star hotel Bar Tour Bar Tour, Bartending Show (Bartending and Flaring) Demonstration drink mixing (Alcoholic and Non-Alcoholic)
		(BAR TOUR/WORKSHOP Topic: MIXING TECHNIQUE Description: Provide knowledge of beverages both cocktails and mocktails with emphasis on the making process and consuming period, Provide knowledge of bar management including making lists, cost control, and legalities.
		Speakers ; Professional bartenders in Philippines, can execute bartending and flairtending .
		Workshop: HM students/ participants will be given a task to make a best seller drinks under cocktails and mocktails of a bar.
	11:00-12:00AM	LUNCH at 5- star hotel Students will experience an outstanding service, eclectic ambiance and delicious all-American comfort in generous portions.
	01:00-5:00PM	Ocular and familiarization tour (rooms, facilities and amenities inside 5-star hotel) and experience a Fountain Show
		Five-star luxury with its many distinct innovations that combine advanced technology, top-class amenities, environment friendly architectural planning,



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and a world- class entertainment options, all delivered kind of exemplary service that personifies the unique blend of Japanese hospitality and Filipino warmth

5:00-6:00PM Dinner at one of a restaurants in 5 star hotel
Students can experience the gastronomic delights, reflect the vibrant cultures and regional cuisines to be found in the Philippines.

7:30 PM Check-in at 4-star hotel
Facing Manila Bay, this sleek hotel is 3 km from Ninoy Aquino International Airport and 10 km from Rizal Park

Accommodation: Participants can experience to stay in a Deluxe Twin Room

Rest/Own Leisure/Overnight

Day 2 (FRIDAY)

6:00 AM Wake-up call

6:00 AM-7:30 AM Breakfast at Hotel

8:00 AM - 12:00 NN Food and Beverage Services Seminar at hotels' function room (students will be divided into 4 batches and will use 4 function rooms.

Topic:
Restaurant staff training to help you boost your sales

Speakers: Working at 5 -star Fine- dining restaurants, with land and on-board experience.

12:00 NN - 01:00 PM LUNCH at Hotel

01:30 PM – 02:30 PM Travel time to Intramuros

02:30 PM – 03:30 PM Visit the Intramuros (Park at Fort Santiago)

04:00 PM – 4:30 PM Rolling tour in Metro, Manila

5:00 PM – 8:00 PM Start of Rolling Tour
Cultural heritage,
Churches, and Museums

8:30 PM – 09:30 PM Dinner at Restaurant

10:00 PM Back to hotel



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Day 3 (SATURDAY)	5:00 AM	Wake-up call and preparation for check-out
	06:00 AM	Travel time to San Fernando, Pampanga
	07:00 AM - 08:00 AM	BREAKFAST AT SLEX
	09:30 AM	Estimated time of arrival at San Fernando, Pampanga
		Pampanga Food and Heritage Tour, and Lunch in ancestral home of a food historian (Buffet)
	09:30 AM- 04:00 PM	A baking Demonstration on Kapampangan Baked Goods
		Speaker: Food Historian, collector of an age-old Kapampangan recipes, preparing food in its traditional manner, not using scales and just guessing measurements.
		Visit the historical sites in Pampanga Church Half-buried in Lahar, Bacolor, Pampanga
	12:00 PM – 01:30 PM	Betis Woodcarving and Furnitures showroom, GuaGua, Pampanga Lunch on Clark, Pampanga
	05:00 PM	Check-in at 4 -star hotel Claro M Recto Hwy, Clark Freeport , Angeles, Pampanga Rest/Own Leisure/Overnight
Day 4 (SUNDAY)	6:00 AM	Wake-up call and preparation for breakfast
	7:00 AM	BREAKFAST AT HOTEL
	08:00AM- 11:00 AM	Hotel Familiarization Tour Familiarized the different types of facilities and amenities
	12:00 PM	Check-out/Lunch at the hotel Travel time to Batangas
	2:30 PM	Estimated time of arrival
	4:00 PM	Departure time from Batangas Dinner on board
(MONDAY)	6:00 AM	Estimated time of Arrival on each residence

END OF TOUR



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MEAL SETS

MEAL	TYPE	DESCRIPTION	SERVING QUANTITY	
Lunch	Bento Box with 4 separators	Steamed Rice	1 Bento Box/pax	
	Meat	For Fish: Steamed Fish with dressings For Pork: Pork Steak		
	Vegetable	Chopsuey		
	Dessert	Mixed mint candies		3
	Drinks	Soda 355 ml		1 bot./pax
Snacks	Packed	Tuna Sandwich	1 packed/pax	
	Drink	Bottled Orange juice 355 ml	1 bot./pax	
Dinner	Bento Box with 4 separators	Steamed Rice	1 bento box/pax	
	Rice			
	Meat	Chicken and Pork Adobo		
	Vegetable	Stir fry mixed vegetables		
	Dessert	Egg Tart		1
	Drinks	Soda 355 ml	1 bot./participant	

DAY 1

MEAL	TYPE	DESCRIPTION	SERVING QUANTITY
Breakfast	American Breakfast	Sausages, Omelet, Toasted and Non-Toasted bread, marmalade Hot and Cold Beverages (Coffee, tea, and soda)	Eat all you can Overflowing hot and cold beverages
Snacks	Heavy snacks	Carbonara and Hot and cold beverages (Coffee, tea and soda)	Buffet Overflowing hot and cold beverages
Lunch	Buffet	Fried Rice; Steamed Rice	Eat all you can
	Meat	For Fish: Fish Fillet For Pork: Pork Chop, pork Stew For Beef: Beef Steak	
	Vegetable	Chopsuey, mixed vegetable salad with Caesar Salad	
	Dessert	Petite Four	
	Drinks	Overflowing hot and cold beverages	
Snacks	Plated	Spaghetti with chicken and Pork Meatballs	1
		Overflowing Hot and cold beverages	Unlimited drinks
Dinner	Rice	Fried Rice; Steamed Rice	Buffet/ Eat all you can
	Soup	El Nido Soup	
	Meat	Salmon, Roasted Chicken Pork Chop Beef Stew, etc.	
	Vegetable	Stir fry Mixed vegetables	
	Dessert	Brownies/Muffins	
	Drinks	Overflowing of hot and cold beverages	

DAY 2

MEAL	TYPE	DESCRIPTION	SERVING QUANTITY
Breakfast	American Breakfast	Corned beef, bacon, poached eggs Toasted and Non-Toasted breads, marmalade/butter	Eat all you can



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		Hot and Cold Beverages (Coffee, tea, and soda)	Overflowing hot and cold beverages
Snacks	Heavy snacks	Ossobuco and Hot and cold beverages (Coffee, tea and soda)	Buffet Overflowing hot and cold beverages
Lunch	Buffet Meat	Fried Rice; Steamed Rice For Fish: Orange Salmon with Coriander For Pork: Cherry Cola Ribs For Beef: Beef Stew	Eat all you can
	Vegetable	Fresh mixed vegetable salad with Caesar Salad	
	Dessert	Fruit Salad	
	Drinks	Overflowing hot and cold beverages	
Snacks	Plated	Creamy spinach pasta Overflowing Hot and cold beverages	1 Unlimited drinks
Dinner	Rice Soup Meat	Fried Rice; Steamed Rice Asparagus Soup Salmon, Roasted Chicken Pork Chop Beef Stew, etc.	Buffet/ Eat all you can
	Vegetable.	Chinese stir fry vegetables	
	Dessert	Mango Tapioca	
	Drinks	Overflowing hot and cold beverages	

DAY 3

MEAL	TYPE	DESCRIPTION	SERVING QUANTITY
Breakfast	Filipino Breakfast	Fried/ Steamed Rice Fried Eggplants, Scrambled Eggs, and Tocino, (Coffee, tea, and soda)	Eat all you can Overflowing hot and cold beverages
Snacks	Heavy snacks	Ossobuco and Hot and cold beverages (Coffee, tea and soda)	Buffet Overflowing hot and cold beverages
Lunch	Buffet (Kapampangan Foods) Soup Meat	Paella Guava Sour Soup For Fish: Orange Salmon with Coriander For Pork: Sisig, Embutido, Murcon	Eat all you can
	Dessert Drinks	Turon with Vanilla Ice cream Overflowing cold beverages Kapampangan (Guinilu)	
Snacks	Plated	Cheese and Spanish Bread Overflowing Hot and cold beverages	2 Unlimited drinks
Dinner	Rice Soup Meat Vegetable.	Fried Rice; Steamed Rice Braised Crown- Shaped Superior Soup Honey Roasted Barbecued Pork Steamed Xiao Long Bao Vegetable mushroom in crispy Taro Ring	Buffet/ Eat all you can



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Dessert
 Drinks
 Chilled Almond Bean curd with Lychee
 Overflowing hot and cold beverages

DAY 4

MEAL	TYPE	DESCRIPTION	SERVING QUANTITY
Breakfast	Filipino Breakfast	Fried/ Steamed Rice Meatloaf, Chorizos, And Fried Dried Fish (Coffee, tea, and soda)	Eat all you can Overflowing hot and cold beverages
Snacks	Heavy snacks	Ossobuco and Hot and cold beverages (Coffee, tea and soda)	Buffet Overflowing hot and cold beverages
Lunch	Buffet Soup Meat Vegetable Dessert Drinks	Fried/Steamed Rice Mushroom Soup For Fish: Marinated diced Salmon and Tuna For Chicken: Chicken Pad Thai Steamed Prawn Gyoza Mochi Strawberry cold drink	Eat all you can/drink all you can
Snacks	Packed	Cheese Burger with French fries Soda 355 ml	2 1 bot./pax
Dinner	Bento box with separator Meat Dessert Drinks	Steamed Rice Grilled fish and Roasted Chicken Sponge cake Soda 355 ml	1 bento/pax
MEAL	TYPE	DESCRIPTION	SERVING QUANTITY
Light snacks	Packed Drinks	Hamburger Soda 355 ml	1/pax