

**ITINERARY**

**MANILA- PAMPANGA EDUCATIONAL TOUR**

**April 17-22, 2024**

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Day 1 (WEDNESDAY)	6:30 AM	Pick-up @ RSU-SFC Covered Court
	6:30 AM - 8:00 AM	Travel time to Magdiwang, Ambulong port
	8:00 AM - 9:00 AM	Waiting time at port
	9:00 AM	On-board (Tourist accommodation) going to Lucena Port
	11:00 AM - 12:00 PM	Lunch on-board
	1:00-2:00	Distribution of light snacks
	2:00-3:00	Light Snacks
	3:00-5:00	Rest/Own Leisure
	5:00-7:00	Early Dinner
	7:00-2:00	Rest/ Own Leisure/overnight
		END OF DAY 1

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Day 2 (THURSDAY)	3:00 AM	Pick-up @ Lucena Port
	3:00-4:00 AM	Wash up time
	4:00-6:00 AM	Travel Time to SLEX Gas Station
	6:00-7:00 AM	BREAKFAST
	7:00-8:00 AM	Travel time to 5 star hotel Casino resort and hotel complex Located at New Seaside Dr, Entertainment City, Paranaque 1701 Kalakhang, Manila Philippines
	8:00-11:00AM	RESTAURANT TOUR/Workshop at 5 star hotel Bar Tour Bar Tour, Bartending Show (Bartending and Flaring) Demonstration drink mixing (Alcoholic and Non-Alcoholic)  (BAR TOUR/WORKSHOP Topic: MIXING TECHNIQUE Description: Provide knowledge of beverages both cocktails and mocktails with emphasis on the making process and consuming period, Provide knowledge of bar management including making lists, cost control, and legalities.

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		<p>Speakers ; Professional bartenders in Philippines, can execute bartending and flairtending .</p> <p>Workshop: HM students/ participants will be given a task to make a best seller drinks under cocktails and mocktails of a bar.</p>
	11:00-12:00PM	<p>LUNCH at 5- star hotel Students will experience an outstanding service, eclectic ambiance and delicious all-American comfort in generous portions.</p>
	01:00-5:00PM	<p>Ocular and familiarization tour (rooms, facilities and amenities inside 5- star hotel) and experience a Fountain Show</p> <p>Five-star luxury with its many distinct innovations that combine advanced technology, top-class amenities, environment friendly architectural planning, and a world-class entertainment options, all delivered kind of exemplary service that personifies the unique blend of Japanese hospitality and Filipino warmth</p>
	5:00-6:00PM	<p>Dinner at one of a restaurants in 5 star hotel Students can experience the gastronomic delights, reflect the vibrant cultures and regional cuisines to be found in the Philippines.</p>
	7:30 PM	<p>Check-in at 4-star hotel Facing Manila Bay, this sleek hotel is 3 km from Ninoy Aquino International Airport and 10 km from Rizal Park</p> <p>Accommodation: Participants can experience to stay in a Deluxe Twin Room</p> <p>Rest/Own Leisure/Overnight</p> <p>END OF DAY 2</p>
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Day 3 (FRIDAY)	6:00 AM	Wake-up call
	6:00 AM-7:30 AM	Breakfast at Hotel
	8:00 AM - 12:00 NN	<p>Food and Beverage Services Seminar at hotels' function room (students will be divided into 4 batches and will use 4 function rooms.</p> <p>Topic: Restaurant staff training to help you boost your sales</p> <p>Speakers: Working at 5 -star Fine- dining restaurants, with land and on-board experience.</p>

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12:00 NN - 01:00 PM	LUNCH at Hotel
01:30 PM – 02:30 PM	Travel time to Intramuros
02:30 PM – 03:30 PM	Visit the Intramuros (Park at Fort Santiago)
04:00 PM – 4:30 PM	Rolling tour in Metro, Manila
5:00 PM – 8:00 PM	Start of Rolling Tour Cultural heritage, Churches, and Museums
8:30 PM – 09:30 PM	Dinner at Restaurant
10:00 0PM	Back to hotel
	END OF DAY 3

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Day 4 (SATURDAY)	5:00 AM	Wake-up call and preparation for check-out
	06:00 AM- 09:00 AM	Travel time to San Fernando, Pampanga
	07:00 AM - 08:00 AM	BREAKFAST AT SLEX
	09:30 AM	Estimated time of arrival at San Fernando, Pampanga
		Pampanga Food and Heritage Tour, and Lunch in ancestral home of a food historian (Buffet)
	09:30 AM- 04:00 PM	A baking Demonstration on Kapampangan Baked Goods
		Speaker: Food Historian, collector of an age- old Kapampangan recipes, preparing food in its traditional manner, not using scales and just guessing measurements.
		Visit the historical sites in Pampanga Church Half-buried in Lahar, Bacolor, Pampanga
	12:00 PM – 01:30 PM	Betis Woodcarving and Furnitures showroom, GuaGua, Pampanga Lunch on Clark, Pampanga
	05:00 PM	Check-in at 4 -star hotel Claro M Recto Hwy, Clark Freeport , Angeles, Pampanga Rest/Own Leisure/Overnight

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END OF DAY 4

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Day 5 (SUNDAY)	6:00 AM	Wake-up call and preparation for breakfast
	6:00 AM 7:00 AM	BREAKFAST AT HOTEL
	08:00AM- 10:00 AM	Hotel Familiarization Tour Lunch at the hotel
	11:00AM	Familiarized the different types of facilities and amenities
	12:00 PM-	Check-out
	4:30 PM	Travel time to Batangas
	4:30 PM	Estimated time of arrival
	05:00 PM	Departure time from Batangas Dinner on board
Day 6 (MONDAY)	6:00 AM	Wake-up call and departure at Ambulong Port, Magdiwang, Romblon
	6:00 AM 8:00 AM	Estimated time of Arrival on each residence
		HOME SWEET HOME

*Note: This proposed itinerary is subject to change and may vary based on the company's availability for a visit.*

**MEAL SETS**

**Day 1**

MEAL	TYPE	DESCRIPTION	SERVING QUANTITY
<b>Lunch</b>	Bento Box with 4 separators	Steamed Rice	1 Bento Box/pax
	Meat	For Fish: Steamed Fish with dressings For Pork: Pork Steak	
	Vegetable	Chopsuey	
	Dessert	Mixed mint candies	3
	Drinks	Bottled water 500 ml and soda 355 ml	1 bot./pax
<b>Snacks</b>	Packed	Tuna Sandwich	1 packed/pax
	Drink	Bottled Orange juice 355 ml	1 bot./pax
<b>Dinner</b>	Bento Box with 4 separators	Steamed Rice	1 bento box/pax
	Rice		
	Meat	Chicken and Pork Adobo	
	Vegetable	Stir fry mixed vegetables	

Dessert	Egg Tart	1
Drinks	Bottled water 500 ml and soda 355 ml	1 bot./participant

### DAY 2

MEAL	TYPE	DESCRIPTION	SERVING QUANTITY
<b>Breakfast</b>	American Breakfast	Sausages, Omelet, Toasted and Non-Toasted bread, marmalade Hot and Cold Beverages (Coffee, tea, and soda)	Eat all you can Overflowing hot and cold beverages
<b>Snacks</b>	Heavy snacks	Carbonara and Hot and cold beverages (Coffee, tea and soda)	Buffet Overflowing hot and cold beverages
<b>Lunch</b>	Buffet Meat  Vegetable  Dessert Drinks	Fried Rice; Steamed Rice For Fish: Fish Fillet For Pork: Pork Chop, pork Stew For Beef: Beef Steak Chopsuey, mixed vegetable salad with Caesar Salad Petite Four Overflowing hot and cold beverages	Eat all you can
<b>Snacks</b>	Plated	Spaghetti with chicken and Pork Meatballs Overflowing Hot and cold beverages	1 Unlimited drinks
<b>Dinner</b>	Rice Soup Meat  Vegetable Dessert Drinks	Fried Rice; Steamed Rice El Nido Soup Salmon, Roasted Chicken Pork Chop Beef Stew, etc. Stir fry Mixed vegetables Brownies/Muffins Overflowing of hot and cold beverages	Buffet/ Eat all you can

### DAY 3

MEAL	TYPE	DESCRIPTION	SERVING QUANTITY
<b>Breakfast</b>	American Breakfast	Corned beef, bacon, poached eggs Toasted and Non-Toasted breads, marmalade/butter Hot and Cold Beverages (Coffee, tea, and soda)	Eat all you can Overflowing hot and cold beverages
<b>Snacks</b>	Heavy snacks	Ossobuco and Hot and cold beverages (Coffee, tea and soda)	Buffet Overflowing hot and cold beverages
<b>Lunch</b>	Buffet Meat  Vegetable  Dessert Drinks	Fried Rice; Steamed Rice For Fish: Orange Salmon with Coriander For Pork: Cherry Cola Ribs For Beef: Beef Stew Fresh mixed vegetable salad with Caesar Salad Fruit Salad Overflowing hot and cold beverages	Eat all you can
<b>Snacks</b>	Plated	Creamy spinach pasta	1

		Overflowing Hot and cold beverages	Unlimited drinks
<b>Dinner</b>	Rice	Fried Rice; Steamed Rice	Buffet/
	Soup	Asparagus Soup	Eat all you
	Meat	Salmon, Roasted Chicken Pork Chop Beef Stew, etc.	can
	Vegetable.	Chinese stir fry vegetables	
	Dessert	Mango Tapioca	
	Drinks	Overflowing hot and cold beverages	

#### DAY 4

MEAL	TYPE	DESCRIPTION	SERVING QUANTITY
<b>Breakfast</b>	Filipino Breakfast	Fried/ Steamed Rice Fried Eggplants, Scrambled Eggs, and Tocino, (Coffee, tea, and soda)	Eat all you can Overflowing hot and cold beverages
<b>Snacks</b>	Heavy snacks	Ossobuco and Hot and cold beverages (Coffee, tea and soda)	Buffet Overflowing hot and cold beverages
<b>Lunch</b>	Buffet (Kapampangan Foods)	Paella	Eat all you can
	Soup	Guava Sour Soup	
	Meat	For Fish: Orange Salmon with Coriander For Pork: Sisig, Embutido, Murcon	
	Dessert	Turon with Vanilla Ice cream	
	Drinks	Overflowing cold beverages Kapampangan (Guinilu)	
<b>Snacks</b>	Plated	Cheese and Spanish Bread	2
		Overflowing Hot and cold beverages	Unlimited drinks
<b>Dinner</b>	Rice	Fried Rice; Steamed Rice	Buffet/
	Soup	Braised Crown- Shaped Superior Soup	Eat all you can
	Meat	Honey Roasted Barbecued Pork Steamed Xiao Long Bao	
	Vegetable.	Vegetable mushroom in crispy Taro Ring	
	Dessert	Chilled Almond Bean curd with	
	Drinks	Lychee Overflowing hot and cold beverages	

**DAY 5**

<b>MEAL</b>	<b>TYPE</b>	<b>DESCRIPTION</b>	<b>SERVING QUANTITY</b>
<b>Breakfast</b>	Filipino	Fried/ Steamed Rice	Eat all you
	Breakfast	Meatloaf, Chorizos, And Fried Dried Fish (Coffee, tea, and soda)	can Overflowing hot and cold beverages
<b>Snacks</b>	Heavy snacks	Ossobuco and Hot and cold beverages (Coffee, tea and soda)	Buffet Overflowing hot and cold beverages
<b>Lunch</b>	Buffet	Fried/Steamed Rice	Eat all you
	Soup	Mushroom Soup	can/drink all
	Meat	For Fish: Marinated diced Salmon and Tuna For Chicken: Chicken Pad Thai	you can
	Vegetable	Steamed Prawn Gyoza	
	Dessert	Mochi	
	Drinks	Strawberry cold drink	
<b>Snacks</b>	Packed	Cheese Burger with French fries	2
		Bottled water 500 ml and soda 355 ml	1 bot./pax
<b>Dinner</b>	Bento box	Steamed Rice	1 bento/pax
	with separator		
	Meat	Grilled fish and Roasted Chicken	
	Dessert	Sponge cake	
	Drinks	Bottled water 500 ml and soda 355 ml	

**DAY 6**

<b>MEAL</b>	<b>TYPE</b>	<b>DESCRIPTION</b>	<b>SERVING QUANTITY</b>
<b>Light snacks</b>	Packed	Hamburger	
	Drinks	Bottled water 500 ml and soda 355 ml	1/pax

*Note: Meal choices are subject to students' preferences, whether influenced by their religion, or a physician's recommended diet. The organizers will consistently ensure that the meals provided align with the specific needs of the students.*